

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Thames Reach Housing Association Limited	
If your organisation is part of a larger organisation, what is its name? N/a	
In which London Borough is your organisation based? Southwark	
Contact person: Mr Milton Bevan	Position: Fundraising Manager
Website: http://www.thamesreach.org.uk ;	
Legal status of organisation: Registered Charitable Industrial and	Charity, Charitable Incorporated Company or company number: XN76517
When was your organisation established? 18/04/1984	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More homeless and transient people having access to mental health services and reporting improved well-being More homeless and transient people having access to mental health services and reporting improved well-being
Please describe the purpose of your funding request in one sentence. Mental Health Matters: To enable rough sleepers fairer access to mental health services thereby enabling them to access and sustain accommodation, improving their health outcomes.
When will the funding be required? 01/09/2015
How much funding are you requesting? Year 1: £48,801 Year 2: £52,219 Year 3: £53,794 Total: £154,814

Aims of your organisation:

Our mission is to end street homelessness by assisting homeless and vulnerable people to find decent homes, build supportive relationships and lead fulfilling lives. We specialise in helping those with complex support needs such as mental ill-health, substance misuse and complex trauma. Our services include street outreach, hostels, day services, specialist supported housing and a range of employment, training, and education programmes. We reach out to those most in need and have a policy never to give up on anyone. The causes of homelessness are complex, and so the solution has to be holistic. Our strength lies in knowing what is happening on the ground, being honest with service users about what they can expect and providing practical, personalised interventions. Homelessness and its effects are a great human injustice but we also know that there is a financial cost; we aim to deliver services that provide value for money to both the end user and society as a whole.

Main activities of your organisation:

We provide a range of Street Outreach services working with entrenched rough sleeper and those new to the street, and have a track record in helping people with multiple and complex needs - including those associated with poor mental health and substance misuse. We provide the London-wide Street Rescue service, across the Capital every day of the year, deploying 4 outreach shifts every night to find people and help them get off the street. Last year we met with 1,600 rough sleepers of whom 700 moved directly away from the streets and into accommodation. We provide front-line hostels, day services, and specialist supported housing for those with substance and mental health needs. Last year we provided tenancy support to over 765 vulnerable people across London. We also provide a diverse range of volunteering, training and employment programmes. Thames Reach's Employment Academy is a flagship employment hub based in Peckham, and last year supported 900 people towards employment.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
328	45	16	252

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Thames Reach is proposing to develop a project called 'Mental Health Matters (MHM)'. This will enable people who are entrenched rough sleepers with undiagnosed mental health issues, to receive mental health assessments and services enabling them to leave the streets and supportively resettle into the community.

Thames Reach's pan-London street outreach services have charted a growth in the number of people sleeping on the streets. We are increasingly effective at ensuring that people who spend their first night on the streets move on quickly to access accommodation and support, which means that they don't need to sleep on the streets. However, there are a number of service users who are entrenched on the streets, and call the streets their home. Our annual data from the calendar year 2013-14 shows that 23% of rough sleepers are deeply entrenched and 160 are exhibiting symptoms of mental illness that are troubling and remain undiagnosed. The London Housing Committee publication 'No Going Back: Breaking the Cycle of Rough Sleeping and Homelessness' (July 2014) cites the need for mental health oriented outreach and homeless services, to help people access health services and enter accommodation. Furthermore, research of Nick Maguire; Deputy Head of Psychology (Education) at the University of Southampton, indicates a need to address psychological issues of those most entrenched rough sleepers, to help them off the streets.

To address this need, Thames Reach has completed an 18 month pilot MHM project funded by the Department for Communities and Local Government (DCLG). We partnered with EASL (Enabling Assessment Service London) who provided mental health professionals (such as clinical psychologists and approved mental health social workers) to accompany Thames Reach's street outreach shifts. They provided advice to staff members in engaging people with mental health needs, and conducting mental health assessments and interventions to seventy-four entrenched rough sleepers with complex mental health needs. Many of these have resulted in vulnerable people obtaining settled accommodation with 81% engagement with services.

The findings from this pilot clearly show that taking mental health interventions to the rough sleeper facilitates engagement with statutory services at an earlier stage and breaks the cycle of entrenched homelessness, promoting an exit from the street. The average spend for rough sleepers accessing acute services was £5,600 (Future Now Homelessness Health Matters the case for Change - 2014). With 70% of homeless people presenting with a Mental Health need versus 30% in the general population (Brighter Futures Academy - 2011), there is a clear case that earlier intervention not only improves the life of the individual sooner but also has a significant cost savings to A&E's.

Based on these findings, Thames Reach wish to evolve and expand the MHM project and provide a further evidence base to support the Case for Action - Health Services for Homeless People in London (May 2015). We will achieve this by:

1. Providing direct assessment, advocacy and advice to rough sleepers Pan-London who are entrenched/marginalised, due to long-standing mental health needs. Assessments will be undertaken by a mental health professional contracted through EASL, an approved Mental Health Practitioner (AMP) along side Thames Reach outreach workers.
2. Facilitating group sessions with staff ('case work management') which will provide a reflective space to assist staff in working best with entrenched rough sleepers with mental health needs, and up-skill staff to enable further competence and confidence in this area.
3. Identifying and sharing good practice based on our monitoring and evaluation.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

No certificate at this time. However, we currently have a programme in development to achieve this. Thames Reach use the EFQM Excellence model as an

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Over the 3 years of the project, 270 entrenched rough sleepers receiving mental health advice.

Over the 3 years of the project, 216 entrenched rough sleepers receiving assessments around their mental health needs access to appropriate support services.

Over the 3 years of the project, 216 entrenched rough sleepers receive input from group clinical supervision sessions undertaken by outreach staff, that helps them engage with statutory and voluntary sector mental health services.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Over the 3 years of the project, increase the number of entrenched rough sleepers engaging with mental health services.

Over the 3 years of the project, increase the number of entrenched rough sleepers achieving stable accommodation directly due to MHM, not including temporary accommodation options, such as B&Bs, or accommodation sourced independently of EASL interventions.

Over the 3 years of the project, increase the number of entrenched rough sleepers retaining stable accommodation following initial resettlement.

Over the 3 years of the project, 100% entrenched rough sleepers engaged with service signed up with a GP.

Over the 3 years of the project, an increase in numbers of entrenched rough sleepers experiencing an increase in their mental wellbeing.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

No. We believe that by the end of the project our staff will have developed the networks, pathways and skills needed to enable rough sleepers fairer access to mental health services in a way that they could not before. This will have been facilitated through the work done alongside staff working on the project from the NHS and EASL.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

160

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24 25-44 45-64 65-74 75 and over

What gender will beneficiaries be?

Male Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading		Year 1	Year 2	Year 3	Total
Salary:EASL	48,760	51,639	52,673	153,072	
Salary: Thames Reach	24,500	24,990	25,480	74,970	
Direct costs: Clinical supervision & training	2,000	2,000	2,000	6,000	
Direct costs: Training	3,300	3,300	3,300	9,900	
Direct costs: Travel, telephone, IT	11,032	11,032	11,032	33,096	
Direct costs: Service User engagement costs	1,375	1,375	1,375	4,125	
Overheads: Central overheads & insurance	3,774	3,823	3,874	11,471	
Overheads: Project management & evaluation	4,060	4,060	4,060	12,180	
	0	0	0	0	

TOTAL:	98,801	102,219	103,794	304,814
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What income has already been raised?

Source		Year 1	Year 2	Year 3	Total
	0	0	0	0	
	0	0	0	0	
	0	0	0	0	
	0	0	0	0	

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source		Year 1	Year 2	Year 3	Total
The Lankelly Chase Foundation	50,000	50,000	50,000	150,000	
	0	0	0	0	

	0	0	0	0
	0	0	0	0

TOTAL:	50,000	50,000	50,000	150,000
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary: EASL	9,680	10,825	11,042	31,548
Salary: NHS	14,700	14,994	15,294	44,988
Salary: Thames Reach	12,250	12,495	12,740	37,485
Direct costs: Clinical supervision & training	1,000	1,000	1,000	3,000
Direct costs: Training	1,650	1,650	1,650	4,950
Direct costs: Travel, telephone, IT	5,516	5,516	5,516	16,548
Direct costs: Service User engagement costs	687	687	687	2,062
Overheads: Central overheads & insurance	1,887	1,911	1,937	5,735
Overheads: Project management & evaluation	1,430	3,139	3,927	8,497

TOTAL:	48,801	52,219	53,794	154,814
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	17,229
Income from charitable activities	15,176,719
Other sources	0
Total Income:	15,193,948

Expenditure:	£
Charitable activities	14,820,415
Governance costs	18,044
Cost of generating funds	186,277
Other	0
Total Expenditure:	15,024,736
Net (deficit)/surplus:	169,212
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	6,605,924
Investments	0
Net current assets	4,430,615
Long-term liabilities	(250,000)
*Total Assets (A):	10,786,539

Reserves at year end	£
Endowment funds	3,915,083
Restricted funds	0
Unrestricted funds	6,871,456
*Total Reserves (B):	10,786,539

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
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Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	27,500	0	0
London Local Authorities	459,538	614,389	487,524
London Councils	245,126	207,624	385,527
Health Authorities	80,397	83,603	86,270
Central Government departments	4,743,720	3,916,747	4,070,503
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Comic Relief	0	0	40,000
Maria Marina Foundation	0	50,000	50,000
Westminster Foundation	0	0	25,000
29th May 1961 Settlement Charitable Trust	0	10,000	10,000
Walcot Educational Foundation	23,825	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Milton Henry Bevan**

Role within **Fundraising Manager**
Organisation: